



2015 BHEARD Scholar
Edda Lungu

Profile

Country of Study:	United States
University:	University of Florida
Department:	Food Science and Human Nutrition
Student Position:	Graduate Research Assistant-Ph.D.
Hometown:	Lilongwe, Malawi
Home Institution:	Ministry of Agriculture and Water Development
Home Position:	Food and Nutrition Officer
Mentored By:	USA: Dr. Wendy Dahl, Professor, Food Science and Human Nutrition Department, University of Florida

Research Area: Nutritional Sciences

BHEARD PROGRAM START DATE: August 2015

UNDERGRADUATE EDUCATION: B.Sc., Food Science and Human Nutrition, University of Malawi

GRADUATE EDUCATION: M.Sc., Food Science, Michigan State University

RESEARCH INTERESTS: Effects of fiber on gastrointestinal health and wellness and improvement of nutritional status.

PERSONAL STATEMENT: Edda's current research is to understand how dietary fiber contributes to the improvement of nutritional status of children in Malawi by using low cost dietary interventions. Her goal is to become an accomplished researcher contributing to the pool of knowledge in nutrition, low cost dietary intervention and to influence policy change on the same.

WHEN I AM NOT WORKING I ENJOY: Edda enjoys traveling and site seeing with her family and playing lawn tennis.