



2014 BHEARD Scholar
**Clement Kubreziga
Kubuga**

Profile

Country of Study:	USA
University:	Michigan State University
Department:	Food Science and Human Nutrition
Student Position:	Graduate Research Assistant — Ph.D.
Home Country:	Ghana
Home Institution:	University for Development Studies (UDS)
Home Position:	Lecturer
Mentored By:	USA: Prof. Dr. Won Song

Research Area: Human Nutrition

BHEARD PROGRAM START DATE: August 2014

HOMETOWN: Paga, Ghana

UNDERGRADUATE EDUCATION: Community Nutrition, UDS, GHANA

GRADUATE EDUCATION: Nutrition & Rural Development, University of Ghent, BELGIUM

RESEARCH INTERESTS: Community and Public Health Nutrition

Clement is interested in researching a wide range of health and nutritional issues: chronic diseases (obesity, diabetes, cardiovascular diseases); maternal and child nutrition; micronutrients; community and individual based exercise/physical activity; nutritional imbalances due to risk factors such as diet (consumption patterns), physical inactivity, alcohol consumption, environment, body image and socioeconomic status or socio – psychological factors.

“I am interested in these areas at the community level because it is the fastest and cost effective way of empowering people, reducing disease burden and shaping policy direction to accelerate development. Right here at MSU, I would be looking at maternal and child nutrition, micronutrients, nutritional imbalances and policy directions.”

Clement’s previous research includes nutrition security (food quality & safety), obesity, diabetes, psychological impact of diabetes on food intake, physical activity, nutrition education and food analysis.

PERSONAL STATEMENT:

Clement believes strongly that the solutions to most of the problems of the developing world are on food and its related issues. He views himself as a missionary of nutrition/health to the vulnerable. "I look forward to becoming an outstanding researcher whose works would contribute to scientific knowledge, shape policies and solve nutritional problems that heckles mankind. While doing this, I look forward to mentoring my students to becoming innovators and problem solvers in their circles of life."

In his spare time, Clement enjoys doing a lot of things. He feels that "all work and no play makes jack a dull boy." Clement enjoys spending time with his family, listening to music, playing volley ball, visiting tourist sites, getting in touch with nature and observing what goes round in his environment.