

## FIELD TO TABLE GUIDE FOR HUNTERS

MICHIGAN STATE UNIVERSITY

Extension



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- Chronic Wasting Disease
- Movement Restrictions
- Human Safety
- Field Dress a Deer
- Cleaning & Disinfecting
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# Chronic Wasting Disease

Chronic Wasting
Disease (CWD) is a
contagious
neurological disease
that has been found in
cervids which include
deer, elk and moose.

Field to Table Guide



#### Signs & Symptoms

Generally, an animal will show no outward signs of CWD until the disease is in its final stages, which can take around 18 months to two years due to CWD's long incubation period. If an animal survives to the final stages of CWD the most clear and consistent signs are:

- Extreme weight loss or emaciation
- Lack of coordination
- Drooping head and/or ears
- Excessive drooling
- Excessive drinking
- Excessive urination

#### What counties has CWD been found?

- Clinton
- Dickenson (UP)
- Ionia
- Ingham
- Jackson
- Kent
- Gratiot
- Eaton
- Montcalm



#### How is CWD Transmitted

- Direct contact between deer
- Indirect contact through prions being shed into the environment through saliva, feces, urine, blood, carcass parts of an infected animal, and contaminated soils and plants.
- Prions on the landscape can stay infectious for years.

#### Is there a risk to humans?

CWD is not known to affect humans. although the Centers for Disease Control and World Health Organization both recommend not eating infected cervid meat.



#### How is CWD detected?

- The only conclusive diagnosis can occur by an examination of the brain, tonsils or lymph nodes after death.
- To have your deer tested in Michigan, you
  may take your deer head to a DNR Check
  Station, partnering meat processors and
  taxidermists, or a DNR drop box. To learn
  more about this process visit the DNR
  website, CWD Testing.



#### Movement Restrictions Apply to Animals Harvested in the Following Areas:

- All of Montcalm County
- Otisco, Orleans, Ronald and North Plains Township in Ionia County and Nelson, Spencer, Courtland, Oakfield, Grattan, and Cannon Townships in Kent County, unless:

It's deboned meat, quarters or other parts of a cervid that do not have any part of the spinal column or head attached, antlers, antlers attached to a skull cap cleaned of all brain and muscle tissue, hides, upper canine teeth, or a finished taxidermist mount may be moved out of the area.

### Movement Restrictions Apply to Animals Harvested in the Following Areas:

Waste created from a carcasses from CWD Management Zone affected areas should be bagged and placed in dumpsters or receptacles to be sent directly to a regulated landfill.

Do not render, burn, compost, or place in the environment parts from deer that potentially have CWD as this could contaminate the environment or soil and spread the disease.





How to Properly

FIELD
DRESS A
DEER

Field to Table Guide



2020 Tips for hunting in the CWD Zone during the Michigan Deer Hunting Season.

- Proceed with caution when handling and moving a carcass in the CWD Zone (Barry, Calhoun, Clinton, Eaton, Gratiot, Hillsdale, Ingham, Ionia, Isabella, Jackson, Kent, Lenawee, Mecosta, Midland, Montcalm, Muskegon, Newaygo, Ottawa, and Shiawassee Counties)
- Avoid long distance movements with your deer carcass
- Handle and dispose of your deer in a responsible manner in the field

#### What You Will Need:

- Latex Gloves
- Sharp Knife with a blade no wider than 1 inch and at least 4 inches long
- Plastic sheet/tarp/cardboard (avoid using anything white because of the potential danger of showing anything white in the woods during deer hunting).
- season.one length of rope 10 to 15 feet long
- Double-lined trash bag
- Gut hook: sometimes present on hunting knife
- Tag and properly identify your deer
- Any other field-dressing gear would be helpful but not necessary
- Remove all watches and jewelry



















- To reduce your risk of exposure to disease, such as Chronic Wasting Disease, wear disposable plastic gloves while handling animals. Wash hands and arms thoroughly with soap and water before and after dressing. Using clean water, pre-moistened wipes, or alcohol wipes, clean your knife frequently between cuts to prevent bacterial contamination.
- Field dress deer as soon as possible to ensure rapid loss of body heat, prevent surface bacteria from growing, and maintain overall quality of the meat.
- Field dressing means removing the animal's internal organs, also known as the entrails, which is necessary to preserve its meat.

## Here's a step-by-step guide to field dressing a deer:

#### Step One:

Lay the deer on its side. Attach one end of the rope to one hind leg and the other end of the rope to a nearby bush or tree so that the rope holds the leg in the air and exposes the belly of the deer for easy access. If you wish, tie the front leg up as well.



#### Step two:

If the deer is a buck, grasp the male reproductive organs and cut the skin between the reproductive organs and the belly. (Fig. 2) Do not cut the belly muscles yet. Once the initial cut is made, cut the skin from the inside and pull the reproductive organs away from the body of the deer. The urinary and reproductive tubes run deep between the legs and should be carefully removed by cutting the tissue covering them and pulling them free of the body. Continue this procedure all the way around to the anal vent. Remove the scrotum and all hide from the penis. Use a short piece of cord to tie off the bowel and the urine tube. If the deer is a female, begin with the next step.



#### Step three:

Insert the knife blade between the anal vent and the hip bone. Cut around the anus and the reproductive tubes, keeping the point and edge of the knife against the bone of the hip opening. Be careful not to puncture the bowel or urinary tubes, but insert the knife as deeply as possible to sever all the connective tissue between the bone of the hip opening and the bowel and urinary and reproductive tubes. Tie off the bowel and urine tube with a short piece of cord.



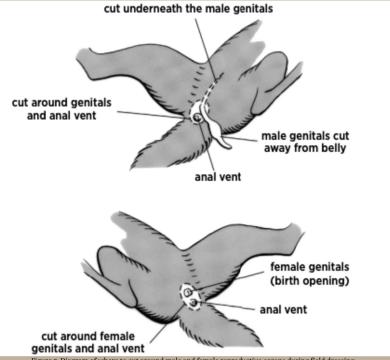


Figure 2. Diagram of where to cut around male and female reproductive organs during field dressing.

#### Step four:

Use your knife to make a very small cut in the hide of the belly and pull the hide apart to expose the muscles of the belly

wall (Fig. 3). Slowly and carefully slice through the muscle, being careful not to cut the intestines, which lie just inside the thin muscle wall. After you have made the initial cut, one way to avoid puncturing the bowels is to hold the blade between your index and middle so the point is not exposed (Fig. 3). Insert the knife into the initial cut, sharp edge to the outside, and then cut the belly wall open from the inside toward the chest cavity and back toward the joint of the hind legs. Once the belly muscle is completely cut open from the joint of the hind legs to the rib cage, insert the knife into the chest cavity and open the chest cavity by cutting the gristle between the ribs and the breast bone. If you do not wish to have the head of the deer mounted, cut the chest cavity open all the way up to the throat and then cut the hide and the muscles of the throat, exposing the windpipe and the food pipe all the way up to the deer's chin. If you plan to have the head of the deer mounted, stop cutting open the chest cavity at the point where the front legs join the chest.



#### Step five:

Now that the body cavity of the deer is open, reach into the cavity and grasp the bowel, reproductive tubes and bladder where they enter the opening of the hip and pull gently. The bowel, bladder and reproductive tubes will slide easily through the hip opening and out through the opening in the belly if you cut them free from the hip when you cut around the anus and reproductive tubes. If they do not pull easily through the hip opening, then you will have to go back (step 3) to the anal vent and cut whatever connective tissue is holding the bowel and reproductive tubes to the hip. Once this is done, then you can again reach into the body cavity, grasp the bowel, bladder and reproductive tubes, and pull them out through the opening in the belly. Continue to pull all of the reproductive tubes, intestines and the bottom of the stomach out of the opening in the belly and roll them onto the ground (Fig. 3). As you roll the innards onto the ground, it may be necessary to cut some tissue holding them against the inside of the back. As these innards roll out on the ground, you will see a large, thin muscle separating these innards and the chest cavity containing the heart and lungs (Figs. 4 and 5).

#### Step five continued:

This muscle is called the diaphragm. Cut it where it joins the ribs and backbone, being careful not to puncture the top of the stomach where it joins the diaphragm. Once this is accomplished, all the deer innards can be rolled out onto the ground. As the stomach rolls completely free of the deer, you may wish to cut the large purple-pink organ, the liver, free from the stomach and place it in a plastic bag for later processing. As you pull the heart and lungs free of the chest cavity, you may wish to cut the heart free and place it also in a plastic bag for further processing. If you plan to have the deer mounted, insert your knife as far up into the chest cavity as you can reach and cut as much of the heart, lung and blood vessel tissue free as you possibly can. If you do not plan to have the deer mounted, continue to pull the food and air tubes free from the throat all the way to the chin and cut them off at the chin. If you have done a good job so far, then all of the organs of the deer will have been completely and cleanly removed from the body cavity. At this point, you may wish to take a few of the brown paper towels and wipe the blood from your hands. If you have blood up to your elbows or beyond, you probably didn't do the job properly.

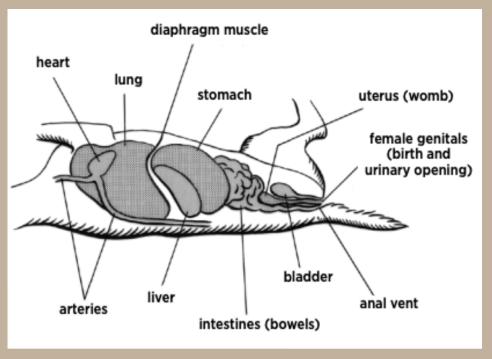


Figure 4. Diagram of internal organs and diaphragm muscle separating heart and lungs of female deer.

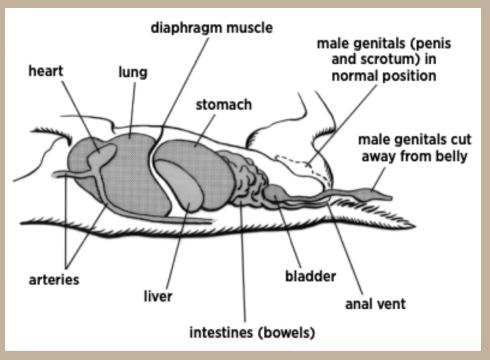


Figure 5. Diagram of internal organs and diaphragm muscle separating heart and lungs of male deer.

#### Step six:

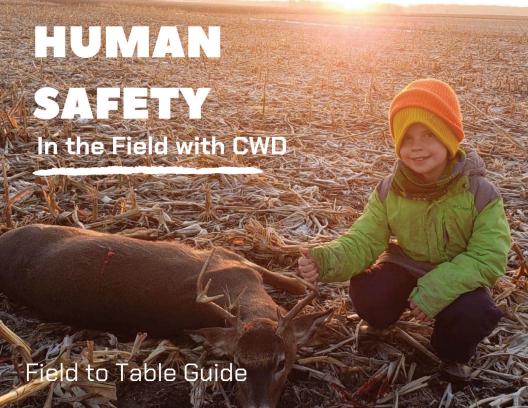
Use additional paper toweling to wipe all the blood from the body cavity of the deer. Be as thorough as possible, keeping in mind that bacteria will grow very well in blood, and bacteria cause meat to spoil and possibly become unsafe. Do not use leaves or soiled cloth to clean the blood from the body cavity such items are loaded with spoilage bacteria.



#### Step seven:

Now that you have completed field dressing the deer, bury the paper towels or place them in the plastic bags in which you brought them to be carried out and disposed of later. Untie the deer legs and get ready whatever method you have decided to use to drag the deer back to your home, campsite or automobile. If at all possible, avoid dragging the deer through water, mud or dust in such a way that the inside of the body cavity is contaminated with water, mud or dust. When you put the carcass in your vehicle, wrap it so that dust, dirt or dirty water from your vehicle or from the road does not contaminate the body cavity.





- Hunters be aware that many states ban importation of whole carcasses and animals from states in which Chronic Wasting Disease has been reported; in fact, some states have check stations at their borders. For more information about the regulations for each state, visit the USDA's CWD pages.
- According to the U.S. Centers for Disease Control and Prevention (CDC), there is no current evidence that CWD passes to humans. However, cautionary measures should be taken by any hunter handling deer, moose and elk, including not eating the meat of an infected animal.



#### Visual Signs of CWD

- It is rare to see a deer that has visual signs of Chronic Wasting Disease; infected deer may exhibit the following symptoms:
  - Extreme weight loss or emaciation,
  - Lack of coordination,
  - Drooping head and/or ears,
  - Excessive drinking, urination, and drooling.
- The only way to determine if a deer is infected with CWD is to have it tested for CWD.
- If you see or harvest a deer that behaves strangely or appears sick, or if you find the fresh carcass of a deer that appeared to die of an illness, quickly report it to the Michigan Department of Natural Resources by calling 517-284-WILD (517-284-9453).

#### Visual Signs of CWD



Chronic Wasting Disease infected deer

Hunters should check with the Michigan Department of Natural Resources (DNR) for any current reported outbreaks of CWD, and the following simple precautions should be taken when handling any deer, moose or elk:

- Do not shoot, handle or consume any animal that is acting abnormally or appears to be ill. Contact Michigan DNR if you see or harvest an animal that appears ill.
- Wear latex or rubber gloves when field dressing deer, moose or elk.
   When skinning the animal, use extra caution around the anus and other areas that may be soiled by stool. For more information please go to the 'How to Properly Field Dress a Deer' section.
- If removing antlers, use a saw specifically kept for this purpose and dispose of the blade afterward, and disinfect the rest of the tool.
- Remove bones from the animal by separating them at joints instead of sawing through the bones and avoid cutting through the brain or spinal cord except to remove the head. Use a knife specifically kept for this purpose to minimize the risk of contaminating meat.

- Minimize handling of all brain and spinal tissues. Dispose of the remains in a double layered plastic garbage bag and dispose of in a landfill. If your deer test positive for CWD, discard all meat products from that deer in a double layered plastic garbage bag in a landfill.
- Wash and sanitize hands and tools thoroughly after field dressing is completed. To sanitize tools, soak them in a 50% bleach solution
- Avoid consuming the brain, spinal cord, eyes, spleen, tonsils and lymph nodes of harvested animals.
- If your deer has been submitted for CWD testing, do not eat any meat until test results have been returned. Results may take up to two weeks in Michigan.
- If you have your deer, moose or elk commercially processed, request that your animal is processed individually, without meat from other animals being added to the meat from your animal to avoid cross contamination of a deer with CWD.





















- There is no evidence dogs can become infected with CWD. However, it is best to avoid feeding brain and spinal cord tissues from killed game to dogs.
- There is also no evidence that livestock can become infected with CWD.
- Studies have demonstrated that CWD prions can be excreted in the saliva, urine and feces of infected animals.



#### Resources

- https://www.avma.org/resources/public-health/diseaseprecautions-hunters#cwd
- United States Department of Agriculture: Animal and Plant Health Inspection Service

https://www.aphis.usda.gov/aphis/ourfocus/animalhealth/animal-disease-information/wildlife

- Quality Deer Management Association https://www.qdma.com/what-does-a-deer-with-cwd-looklike/
- MSU Extension: Chronic Wasting Disease https://www.canr.msu.edu/news/hunters-look-for-signs-ofillness-in-deer





#### Cleaning & Disinfecting Equipment

Cleaning and disinfecting all items that come into contact with your harvested deer such as truck beds, field dressing and processing tools and equipment is an important step!

- Using a brush, clean all organic material including hair, blood, or tissue.
- Wash the item with soap and hot water.
   Thoroughly rinse.
- Soak item in a bleach solution for at least 5 minutes.
- Allow item to air dry.

# Common items to clean and disinfect

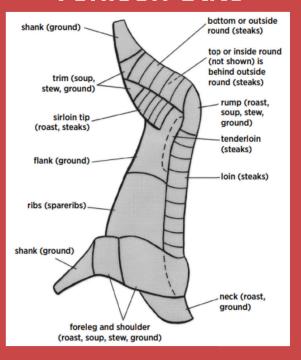
- Cleavers
- Common Surfaces
   (truck beds, counter tops, etc)
- Cutting Boards
- Grinding equipment
- Knives
- Saws







### **Venison Cuts**



## Equipment Needed

- Knives
- Cleavers
- Hatchets
- Cutting Board

Make sure that all equipment is cleaned and sanitized before and after use.



## Step 1: Remove tenderloins

The tenderloins are the two large muscles on the inside of the body cavity that run along the backbone to the hip bone.

- Avoid ripping them to be sure you get all the meat.
- Trim them from the carcass, wash them thoroughly.
- Consumption options
  - chill, cook and eat,
  - o refriderate and eat in the next 24 hours, or
  - wrap and freeze for later consumtion.

## Step 2: Remove the loin

To remove the loin, insert the knife into the carcass along the edge of the backbone and cut along the backbone from the hip to the shoulder, keeping the knife against the edge of the backbone.

Cut the loin off at the hip and shoulder and roll these muscles away from the spine, using your knife to cut the meat free from the backbone and rib cage.

Trim the connective tissue (white material) and dispose of it.

Cutting options for the loin:

- Butterfly steaks
- 1/4 inch thick medallions
- Chops

### Step 3: Cutting the shoulder

Hold the front leg away from the rib cage and cut the muscle holding the shoulder to the rib cage all the way up to and including the meat on the backbone.

Place the shoulder and leg on a cutting board and cut the meat away from the lower leg (shank).

Trim all connective tissue and dispose of it.

Options for shoulder meat:

- Grind in to burger
- Cut into small pieces for stew or soup meat
- Shoulder roasts

#### Step 4: Neck meat

Cut the meat away from the neckbone in any way you choose. Options for neck meat:

- Ground into burger
- Neck roast

#### Step 5: Flank meat

Cut the flank meat away from the sides of the deer. Options for flank meat:

- Discard
- Ground into burger

#### Step 6: Ribs

Using a heavy knife, a small hatchet or saw, cut the ribs from the backbone.

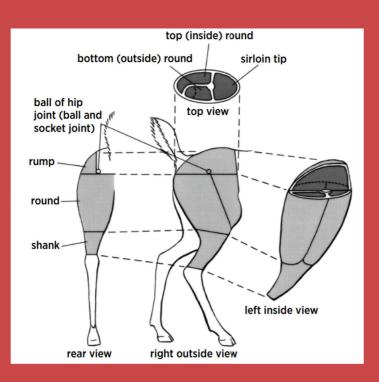
Cut into 4-to 6-inch squares for spareribs.

## Step 7: Hindquarters

Separate the hindquarters from the remaining carcass by locating the hipbone on the back of the deer, and inserting your knife into the meat along the edge of the hipbone, cutting along the hipbone, keeping the edge of the knife against the bone of the hip.

The ball and socket joint will become visible. Insert the knife into the socket joint and sever the ligaments connecting the ball to the socket.

Lay the leg down on the cutting board and cut the meat of the lower hind leg (shank) away from the bone.



#### Rump:

The meat on the upper hind leg that extends beyond the end of the bone.

Cut it off just below the ball.

Options for the rump:

- Roast
- Cubed for stew, soup or grilling

#### **Shank:**

Handle the shank meat exactly the same as the front shank.

#### Round:

The round is the meat on the upper hind leg. The round is divided into three main muscles. The muscle on the top is almost round and the two muscles on the side are almost rectangular. Locate a seam between two of the muscles and separate them by cutting the connective tissue.

Do not slice through the meat.

Start with the half-round-shaped piece (sirloin tip), trim the tips from both ends of this piece of meat.

Tips can be used for cubes, stew meat, or burger.

The remaining pieces of meat can be tied with string into a roast or can be cut crosswise into 1-inch steaks.

## Step 8: Grinding Burger

There are many ways to grind venison into burger, but the following suggestions produce excellent ground meat. For burgers, it is best to grind the venison with an additional 5-10% (by weight) beef fat (suet) or grind it with 30% (by weight) lean pork shoulder. Using in dishes such as sloppy joes or chili, grind without additional fat or other meat. Package the ground venison in quantities you find convenient to use, such as 1/2 pound, 1 pound, 2

Wrap in freezer paper, shiny side in, tape closed and label with the date, the kind of ground venison.

pounds.



#### CWD MSU EXTENSION WEBSITE

The Chronic Wasting Disease MSU Extension page has many resources included under the tabs shown below. This can be a great resource for Michigan hunters.

https://www.canr.msu.edu/chronic-wasting-disease/index



## THE DEPARTMENT OF NATURAL RESOURCES

The DNR Chronic Wasting Disease page is full of resources such as statewide CWD results, CWD information including an area for questions and answers.

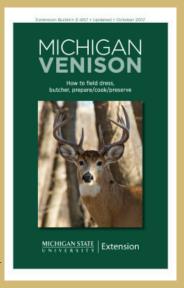
https://www.michigan.gov/dnr/0,4570,7-350-79136\_79608\_90516---,00.html



## Michigan Venison: How to field dress, butcher, prepare/cook/preserve

"Michigan Venison" describes proper methods to harvest, dress and cut venison. It recommends proper cooking techniques for the cuts and provides recipes for cooking and sausage making. The process of putting tender, goodtasting venison on the supper table begins with making a quick, clean kill.

https://www.canr.msu.edu/resources/michigan-venison-how-to-field-dress-butcher-prepare-cook-preserve



#### University of Minnesota: Center for Infectious Disease Research and Policy

The Chronic Wasting Disease (CWD) Response, Research, and Policy Program addresses the transmission of CWD in cervids and its potential for spread to humans and other animal species.

The program supports current and reliable information on CWD for the public, including hunters; the medical, veterinary and public health communities; wildlife scientists and managers; and public policymakers.

UNIVERSITY OF MINNESOTA CIDRAP Center for Infectious Disease Research and Policy COVID-19 Ebola Antimicrobial Stewardship Chronic Wasting Disease **Chronic Wasting Disease Resource Center** CWD Response, Research, and Policy Program The Chronic Wasting Disease (CWD) Response, Research, and Policy Program addresses the transmission of CWD in cervids and its potential for spread to humans and other animal species. The program supports current and reliable information on CWD for the public, including hunters; the medical, veterinary and public health communities; wildlife scientists and managers; and public policymakers. About CIDRAP's CWD Program



About CWD

Expert Advisory Group

Onepine Programs

Antimicrobial Stewardship

The program includes 57 national and international world-renowned and distinguished leaders in public health, medicine. science, wildlife, and agriculture.

**CWD Advisory Group** 

Minnesota finds CWD in wild deer in lust 1 area: new Wisconsin county

Jim Wappes | Editorial Director | CIDRAP News, Lian 28, 2020.

The 27 detections from the 2019 hunting season were confined to

https://www.cidrap.umn.edu/cwd

## Chronic Wasting Disease FAQ

This site includes many different resources at a national level. There is also a tool on this site that includes a search bar where you can search CWD news by state and province if interested in seeing the effects of CWD around the nation compared to Michigan.

 $http://cwd-info.org/faq/\#: \text{$\sim$text=Chronic\%20Wasting\%20Disease\%20(CWD)\%20is,} of \%20bodily\%20functions\%20 and \%20 death. The state of the state$ 

CWD-INFO.ORG

EARN ▼ HUNTERS ▼ MAPS ▼ AGENCIE

