

**FARM TO ECE:**

Sowing the Seeds for Healthy Futures in **MICHIGAN!**



The Michigan Farm to ECE Network was partially supported by a grant administered by the Association of State Public Health Nutritionists (ASPHN) and funded by the Centers for Disease Control and Prevention (CDC) from November 2020 to June 2023. Farm to Early Care and Education (ECE) is an innovative evidence-based approach that gives young children increased exposure and access to local produce, opportunities to learn about nutrition and agriculture, and hands-on learning through gardening. ECE refers to preschools, child care centers, family child care homes, Head Start, and more.

**WHY FARM TO EARLY CARE AND EDUCATION?**

According to the CDC, **1 IN 2 CHILDREN** ages 1-5 do not eat a daily vegetable and **1 IN 3 CHILDREN** ages 1-5 do not eat a daily fruit.

Farm to ECE **INCREASES** children's consumption of fruits and vegetables by **ONE DAILY SERVING.**

Farm to ECE programs can **INCREASE THE SUCCESS** of Farm to School programs by **DECREASING PLATE WASTE** by as much as **66%.**

[Click here](#) for a full list of Farm to Early Care and Education benefits.

**THE MICHIGAN FARM TO ECE NETWORK HAS IMPACTED:\***



**8,515** children  
\*estimated



**396** ECEs  
\*estimated



**818** ECE providers  
\*estimated

**THE NETWORK'S ACCOMPLISHMENTS AND ACTIVITIES**

**Tools and Resources**

**CREATED** a Michigan Farm to ECE Network **WEBSITE**, logo, resources, trainings, and a monthly Farm to ECE newsletter

**DEVELOPED** a Michigan **GROW MORE AWARD** to celebrate champions of Farm to ECE across Michigan

**HOSTED "CULTIVATE MICHIGAN MARKET-PLACE: GROWING CONNECTIONS IN EARLY CARE AND EDUCATION,"** a series of virtual networking events for ECE providers and local food producers

**USED GO NAPSACC** assessment to determine that 95% of ECEs improved the quality of their childcare environments after participating in Farm to ECE

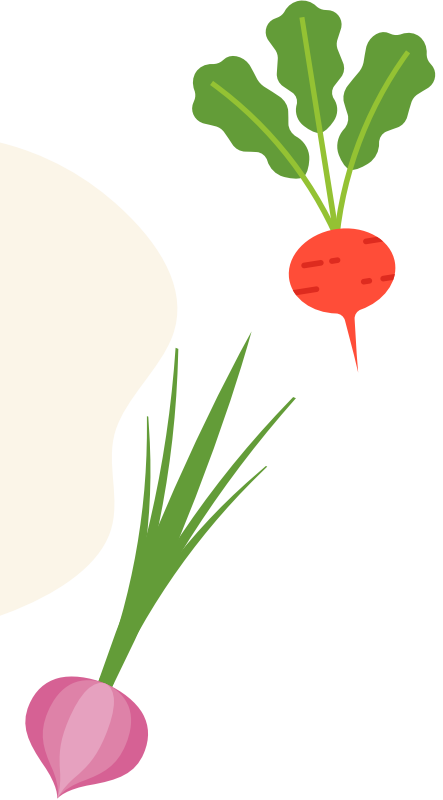


**Learning Opportunities**

**PROVIDED TRAINING AND SUPPORT** for ECEs to apply or participate in **10 CENTS A MEAL FOR MICHIGAN'S KIDS & FARMS** reimbursement program

**OFFERED** free online **PROFESSIONAL DEVELOPMENT** for ECE educators, integrated into Michigan's ECE professional registry

**HOSTED** two **RACIAL EQUITY TRAININGS** and created **ACTIONABLE EQUITY PLANS**



**IN THEIR OWN WORDS**

*"In my 28 years I have experienced good and bad programs. Farm to ECE and the procurement pilot grant program have been exceptional, and I sincerely appreciate the opportunity to have been offered to be part of the programs!"*

— Michigan ECE Provider, Procurement Pilot Participant

**Go NAPSACC helps providers create practices, policies and environments that instill lifelong health. Support statewide access to this evidence-based tool that benefits ECE providers.**

