

# BRONSON HEALTHY LIVING CAMPUS

A community approach to use  
“Food as Medicine”

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# PREVENTABLE HOSPITALIZATIONS IN KALAMAZOO

|                                        | %  | Kalamazoo rank | Michigan Rank |
|----------------------------------------|----|----------------|---------------|
| Congestive Heart Failure               | 14 | 1              | 1             |
| Bacterial Pneumonia                    | 11 | 2              | 2             |
| Diabetes                               | 7  | 3              | 6             |
| Chronic Obstructive Pulmonary Disease  | 7  | 4              | 3             |
| Kidney/Urinary Infections              | 7  | 5              | 4             |
| Cellulitis                             | 7  | 6              | 5             |
| Asthma                                 | 4  | 7              | 7             |
| Grand Mal & Other Epileptic Conditions | 3  | 8              | 8             |
| Gastroenteritis                        | 2  | 9              | 10            |
| Dehydration                            | 1  | 10             | 9             |

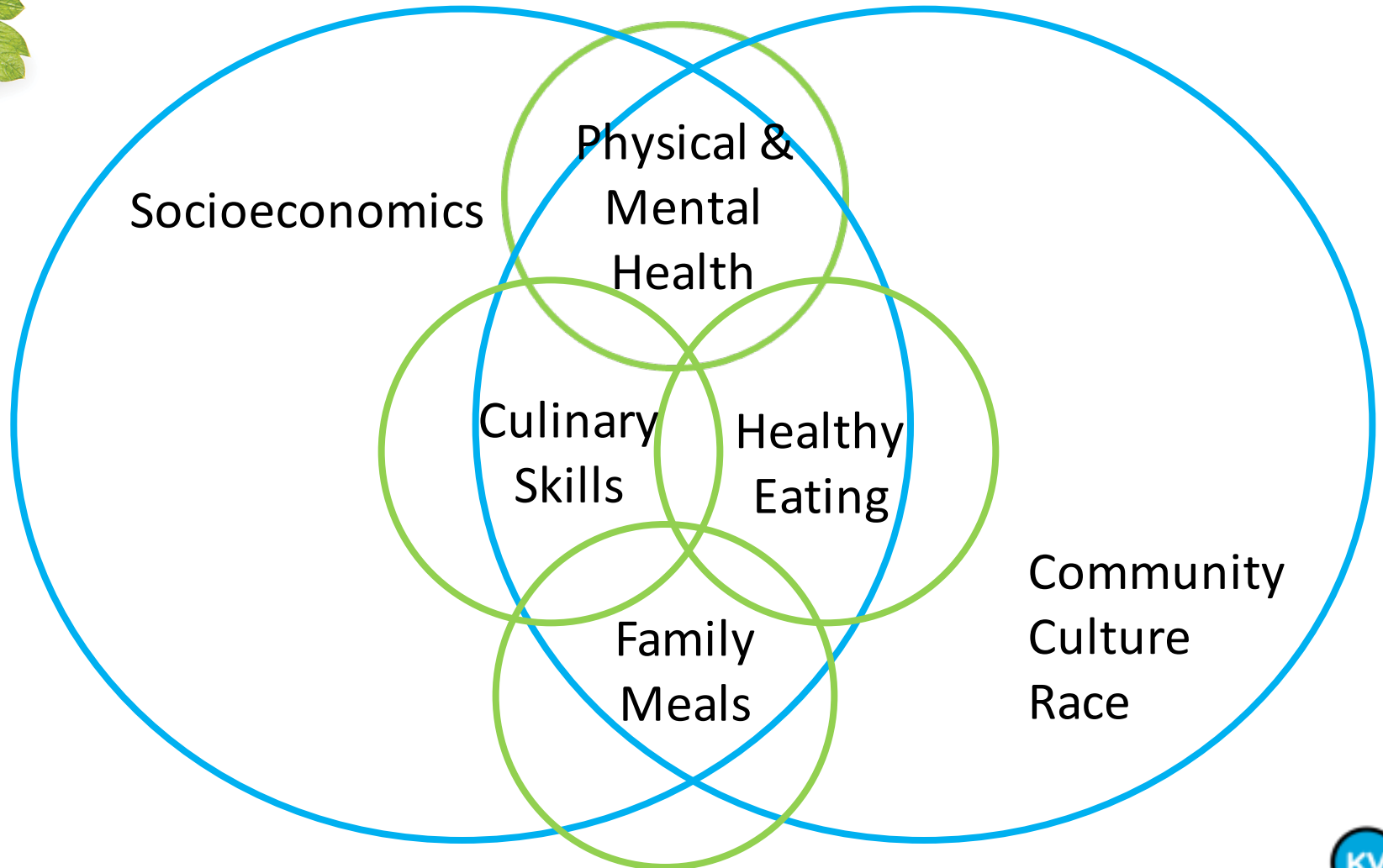


# WE ARE WHAT WE EAT, AND WHERE WE EAT, AND HOW WE EAT





# MEDICAL CULINARY PROGRAM





# INTERVENTIONS THAT WORK

- Focus on improving Health by practicing healthy eating
- Connect food and health
- Food as medicine
- Promote family cooking
- Understand cultural differences
- Eat local, shop local
- Access local food resources





# WORKING TOGETHER AS A TEAM

- Caretakers
- Case workers
- Chefs
- Educators
- Food hubs
- Local grocery stores
- Medical professionals
- Patients
- Therapists

