

St. Joseph County, MI 4-H HORSE COUNCIL



2025 4-H Gymkhana Program Workouts and Requirements



Gymkhana is the term used to collectively describe classes where the speed of executing a given riding pattern is timed. St. Joseph County 4-H Gymkhana classes that will be offered at the 2023 St. Joseph County Grange Fair include:

Barrels ✤ Keyhole ➢ Speed & Action Down & Back

✤ Flag Race ✤ Horsemanship Pole Bending Showmanship

Shirel Hart is the St. Joseph County 4-H Gymkhana Program Coordinator. Shirel is dedicating several nights this summer to working with any and all St. Joseph County 4-H members interested in increasing their knowledge and skills - plus their horse's/pony's skills - in the Gymkhana area. You are required to attend a minimum of two (2) workouts and

be approved by the St. Joseph County 4-H Gymkhana Program Coordinator to compete at the 2025 Fair. Returning 4-H Horse/Rider combo may forgo two (2) workout minimum if approved by Shirel. Member is responsible for verifying approval.

Following is the 2025 Gymkhana Workout Schedule. Note that all workouts start (be ready to go) at 4:00 or 6:00 p.m. but at different locations. There will be instruction and/or a demonstration at the start of each workout. Please be sure and post this schedule with your family calendar so you don't miss workouts you're interested in!

Day/Date	<u>Time</u>	Location	<u>Event(s)</u>
Thursday, May 15	6:00 p.m.	Teresa Howk's +	Poles / Barrels
Sunday, May 18	4:00 p.m.	Horseman's Association~	Horsemanship
Tuesday, June 10	6:00 p.m.	Horseman's Association ~	Barrels / Down and Back
Thursday, June 19	6:00 p.m.	Teresa Howk's +	Speed & Action / Flags
Sunday, June 22	4:00 p.m.	Horseman's Association ~	Poles
Thursday, July 10	6:00 p.m.	Fairgrounds *	Patterns / Exercises / Barrels
Thursday, July 17	6:00 p.m.	Teresa Howk's +	Keyhole / Horsemanship
Tuesday, July 29	6:00 p.m.	Horseman's Association~	Flags
Sunday, August 3	4:00 p.m.	Horseman's Association ~	
Thursday, August 21	6:00 p.m.	Teresa Howk's +	Barrels / Down & Back

Any show that Shirel is attending can also count as a workout, just get with her at the show to confirm. For further information and questions contact Shirel Hart at 269/506-6390.

Please come prepared. At all workouts you will need a negative Coggin's test report, helmet (ASTM approved), boots or riding tennis shoes, show halter, your horse's headgear (both show & work), breast collar and protective boots for your horse. Speed workouts are for everyone whether you are a walk trotter who needs to learn control or you would like to put patterns and a handle on your horsemanship horse or you are an advanced barrel racer.

- + Teresa Howk's Farm, 62809 W. Fish Lake Rd, Sturgis, MI 49091
- Horseman's Association, 21388 Centreville-Constantine Rd, Centreville, MI 49032.
- Use the Franklin St. gate to enter the fairgrounds. Please report to the horse show arena by driving around the back of the race track (do not cut in front of the grandstands).

Note: You must have a negative Coggin's test with you before entering the fairgrounds.

Reminder: Workouts will be cancelled if there is a Thunderstorm Watch/Warning, Tornado Watch/Warning or a Heat Advisory issued two hours prior to the start time of the workouts.

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