

# 4-H Service Log



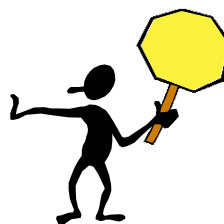
**Hi! My name is Joe,** and I'm going to guide you through 40 hours of community service. Sounds like a TON doesn't it? Actually a lot more activities count as community service than I

originally thought. Figuring out what your community really needs is a part of service, and something that you'll be able to use to add up to your 40 hours. Being interviewed by the local paper about your project counts, too! So does the time you spend thinking about your project when it's over and recording things in your log book. *Community service actually has five steps: assessing community needs, planning your project, doing the service, reflecting on what you did and celebrating!* \* With all these steps, before you know it, you're going to

have logged more hours than you know what to do with. And you thought you were going to have to do 20 canned goods drives to reach your 40 hours!

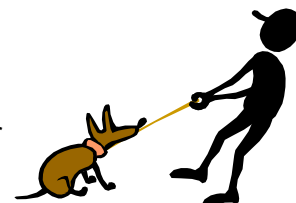
**Why should I do 40 hours of service?** Forty hours is the magic number required for you to receive a 4-H award for community service. Remember that part of the 4-H pledge is "hands to larger service." Thousands of 4-H'ers are involved in 4-H every year and this is a way to be recognized for your involvement!

**Hold it! What if I don't like filling out record books?** I, Joe, your handy-dandy helper,



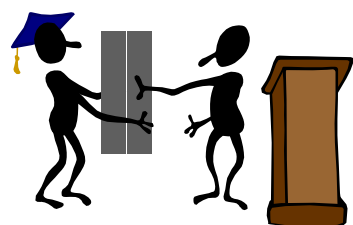
have to admit this isn't the greatest task. However, maybe you've already noticed this record book, IS ONLY FOUR PAGES LONG! And I've gone ahead and done some examples for you, so no excuses. If you open the log book, you'll notice that it's broken up into enough space for you to do four projects. If it only takes you three projects to get to 40 hours, that's fine. If you need more pages, just make some copies of the ones that are included. The goal is to make this book work for you.

**What if I can't think of any projects other than walking my neighbor's dog?** You're more creative than that aren't you? Well, to be honest that's the only service project I could think of when I started thinking about being the star of your log book. A good thing they choose me for my good looks, and not for my knowledge of community service! However, I can fool anyone as a community service buff after discovering a HUGE list of projects. Check out "Planning Your Community Service Project" on the Web at <http://www.msue.msu.edu/cyf/youth/commserv.html> You might never walk the dog again.





## Plan your project around National Service Days!

Planning a project around a national service day and then mentioning it on a college application looks great! Center one of your projects around one of the following National Service Days. Many of these websites have additional resources specific for that event, so get surfing! Rumor has it that you can purchase things like fake tattoos to help advertise your event from one website.





- October** - Make A Difference Day - [www.makeadifferenceday.com](http://www.makeadifferenceday.com)
- October** - National Peer Helpers Day - [www.peerhelping.org](http://www.peerhelping.org)
- January** - Martin Luther King Jr. Day of Service - [www.milkday.org](http://www.milkday.org)
- April** - Global Youth Service Day - [www.ysa.org/nysd](http://www.ysa.org/nysd)
- April** - National Volunteer Week - [www.pointsoflight.org](http://www.pointsoflight.org)
- June** - Join Hands Day - [www.joinhandsday.org](http://www.joinhandsday.org)

\* For more information on the five steps refer to the YEA! Community Service Learning Guide (4-H 1553) available from your county MSU Extension office.

| <b>Project 1</b><br><br><b>Date</b> | <b>Congratulations!</b> It's time to start your log for your first project! Follow the sample below and log everything that you do toward your service activity as you do it. Be sure to check off what category the service falls under and record your total hours.<br><br><b>What happened...</b> | <br>Assessing Needs | Planning Project | Finding Funding/<br>Media Support | Doing Project | Reflecting | <b>Hours Logged</b> |
|--|--|---|------------------|-----------------------------------|---------------|------------|---------------------|
| May 11, 2004   | <i>Called Habitat for Humanity to see if I could help with a local project.</i>  | x   |                  |                                   |               |            | 1/4                 |
|  |  |   |                  |                                   |               |            |                     |
|  |  |   |                  |                                   |               |            |                     |
|  |  |   |                  |                                   |               |            |                     |
|  |  |   |                  |                                   |               |            |                     |
|  |  |   |                  |                                   |               |            |                     |
|  |  |   |                  |                                   |               |            |                     |
|  |  |   |                  |                                   |               |            |                     |



How did you feel at the completion of Project 1?

Total Hours on Project 1: \_\_\_\_\_

| <b>Project 2</b><br><br><b>Date</b> | <b>What did you say?</b> I said reflecting. You know, thinking about your service project when it's over. Questions at the end of your log allow you to do start to do this, but its important to reflect with the people you did the service with. It makes the experience more meaningful for everyone.<br><br><b>What happened...</b> | <br>Assessing Needs | Planning Project | Finding Funding/<br>Media Support | Doing Project | Reflecting | <b>Hours Logged</b> |
|--|--|--|------------------|-----------------------------------|---------------|------------|---------------------|
| May 13, 2004   | <i>Read a parable - as a group responded and compared it to our project.</i>   |  |                  |                                   |               | x          | 1/2                 |
|  |  |  |                  |                                   |               |            |                     |
|  |  |  |                  |                                   |               |            |                     |
|  |  |  |                  |                                   |               |            |                     |
|  |  |  |                  |                                   |               |            |                     |
|  |  |  |                  |                                   |               |            |                     |
|  |  |  |                  |                                   |               |            |                     |
|  |  |  |                  |                                   |               |            |                     |



What skills did you use and what new skills did you gain?

Total Hours on Project 2: \_\_\_\_\_

| <b>Project 3</b><br><br><b>Date</b> | <b>Great ideas, but not much money...</b> Many of your projects will require you to seek funding to purchase supplies to carry out the community service projects. Look at the following Web site for grant information: <a href="http://www.grantstation.com">http://www.grantstation.com</a><br><br><b>What happened...</b> | Assessing Needs | Planning Project | Finding Funding/<br>Media Support | Doing Project | Reflecting | Hours Logged |
|--|---|-----------------|------------------|-----------------------------------|---------------|------------|--------------|
| May 19, 2004   | Wrote a press release. Had it edited by my English teacher.   |                 |                  | x                                 |               |            | 1            |
|  |   |                 |                  |                                   |               |            |              |
|  |   |                 |                  |                                   |               |            |              |
|  |   |                 |                  |                                   |               |            |              |
|  |   |                 |                  |                                   |               |            |              |
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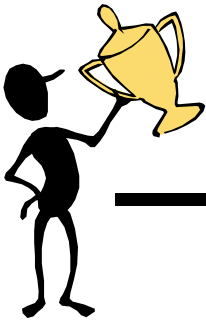
What would you have done differently? How can you get others involved in the future?

Total Hours on Project 3: \_\_\_\_\_

| <b>Project 4</b><br><br><b>Date</b> | <b>Make it a better place!</b> Your service had an impact. It made the world a better place. Now that you are on your last project for the log, I challenge you to keep serving, even if your service no longer requires record-keeping.<br><br><b>What happened...</b> | Assessing Needs | Planning Project | Finding Funding/<br>Media Support | Doing Project | Reflecting | Hours Logged |
|--|---|-----------------|------------------|-----------------------------------|---------------|------------|--------------|
| May 30, 2004   | Painted a mural over graffiti in a local park.  |                 |                  |                                   | x             |            | 4            |
|  |   |                 |                  |                                   |               |            |              |
|  |   |                 |                  |                                   |               |            |              |
|  |   |                 |                  |                                   |               |            |              |
|  |   |                 |                  |                                   |               |            |              |
|  |   |                 |                  |                                   |               |            |              |
|  |   |                 |                  |                                   |               |            |              |
|  |   |                 |                  |                                   |               |            |              |

How can you apply what you have learned through community service to other parts of your life?

Total Hours on Project 4: \_\_\_\_\_



**Way to go!** You have completed your 40 hours of community service. I promised you a 4-H pin for community service at the completion of your 40 hours, but first I'd like you to circle a few numbers and check a few boxes. Then be sure to fill in your address and send a photocopy of your 4-H service log to the address below. It's been a great adventure! Thanks for coming along.

**Please circle the answer that represents how you feel about the following statements.**

|   | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
|---|-------------------|----------|---------|-------|----------------|
| 1. My service experience has increased my interpersonal skills (such as trust, listening skills, decision-making) | 1                 | 2        | 3       | 4     | 5              |
| 2. My service experience has given me an appreciation for what I have.  | 1                 | 2        | 3       | 4     | 5              |
| 3. My service experience has caused me to view people and communities from different perspectives.                | 1                 | 2        | 3       | 4     | 5              |
| 4. I learned new skills while completing my service projects.   | 1                 | 2        | 3       | 4     | 5              |
| 5. I understand the five different steps to community service.  | 1                 | 2        | 3       | 4     | 5              |
| 6. Through my service project I have developed leadership skills.   | 1                 | 2        | 3       | 4     | 5              |
| 7. I understand the process of how to bring about change in my community.   | 1                 | 2        | 3       | 4     | 5              |
| 8. I feel I had a meaningful role in the creation and implementation of my community service projects.            | 1                 | 2        | 3       | 4     | 5              |

**Check off the new skill(s) you learned as a result of your service:**

Communication     Decision-making     Leadership     Organizational Problem-solving

**Check off the types of service you were involved in:**

Disaster relief     Literacy & education     Community improvement  
 Elderly assistance     Environment     Public safety & violence preparation  
 Health     Youth serving youth     Hunger & homelessness

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
 \_\_\_\_\_

**Phone:** (\_\_\_\_\_) \_\_\_\_\_

**To receive your 4-H Community Service Award send a photo-copy of your completed log book to your Michigan county MSU Extension office.**

**This project was funded through the Michigan Community Service Commission and supported by 4-H Youth Development.**

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