

# Mechanized Harvesting of bush fruits: Haskap, Saskatoons & Cherries



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**UNIVERSITY OF**  
**SASKATCHEWAN**

# Outline of talk

- **Introduction**
- **Bush Harvesters: Key Concepts**
- **Building a repertoire**
- **Haskaps Saskatoons Dwarf Sour Cherries**
  - **What are they?**
  - **Flavours & Uses**
  - **Advantages & Disadvantages**
- **Conclusion**

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## Key Concept:

# Mechanized harvesting can be higher quality than hand picked

- Fewer hands are touching fruit
- Fruit can be allowed to fully ripen
- Can harvest at night when temperatures are lower
  - Most Saskatoon growers do this, their fruit ripens during hottest time of summer!



# **Key Concept:** **It's harder to find pickers**

- Especially rural areas
- Young people often avoid it
  - In BC they attract kids from colder provinces
- Immigrant Workers
  - Paperwork
  - Prefer to go to places with a longer growing season (make work?)

## **Key Concept:**

# **Varieties for Mechanized harvesting need certain characteristics**

- Fruit
  - Durable (or be processed quickly)
  - Optimum fruit retention force
  - Uniform ripening
- Plants
  - Flexible branches
  - Proper canopy shape

# Handpicked Haskap from Japan, but what about the inside?



Purple colored fruits often look ready a few days before they are ripe

# Machine harvested Saskatoons: 2 different varieties





# Uneven ripening is made worse by:

- Machine Harvesting once instead of several times
  - Common if grower relies on someone else's harvester
  - Grower has several varieties
- Vibration Settings too fast, pulls off unripe fruit

# **Uneven ripening is made worse by:**

- Poor light penetration from not pruning
- Fluctuating temperatures at bloom
- A cool season
- Having seedlings instead of clones

# Uneven ripening solutions:

- Hand sorting
- Electronic color sorting
- Processing



# Uneven ripening solutions:

- Harvest twice but lower vibration
  - Less unripe berries come off
- Ethylene?
- U-Pick/machine combo

# Key Concept:

## Potential for diseases to spread

- There is always some branch and leaf injury
  - Which machines and settings cause more injury? Take it slow?
- Machines will spread disease, if it is there
- Strategies?
  - Prune or spray after harvest
  - Sanitation
  - Grants to plant pathologists









# Key Concept: Upright Harvester characteristics

- Greater fruit loss
- Greater fruit damage
- Less plant damage
- Best with single trunks and upright canopy



# Key Concept: Sideways harvester characteristics



- Less fruit loss
- Less fruit damage
- More plant damage
- Best with multiple trunks and spreading canopy
- Can pick up fruit closer to ground



## **Key Concept:**

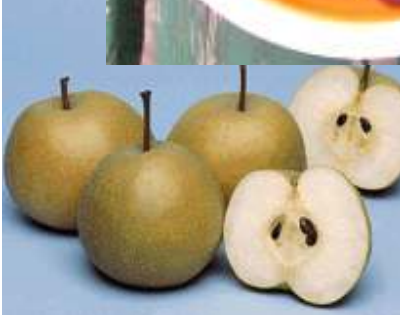
**Ag Economists claim that 40 acres of fruit justifies buying a mechanical harvester**

- Based on Saskatoon berry industry studies
- Hand-picking expenses can be  $\frac{1}{2}$  the final price
- Could share among smaller farms?
- Lower end new ~40K?

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# Building a repertoire



# **Building a repertoire crops that go well together**

- Use the same harvester but have different ripening seasons
- Similar pruning and training
- Can be made into similar products
  - Similar processing equipment
  - Simpler marketing
  - Same customers

# Building a repertoire crops that go well together

- Better use of equipment and facilities
- Spreads cost
- Steady work for employees
- Better cash flow
  - especially appreciated if taking on an earlier crop
- Reduced risk
  - One crops fails? Still have 2 more!



**June**

**July**

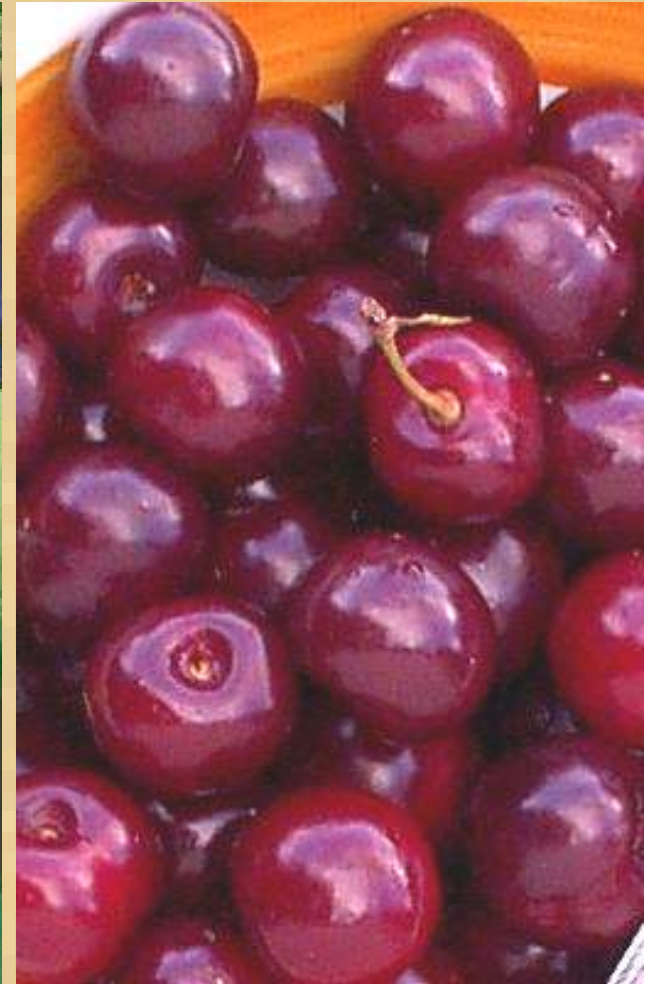
**August**



**Haskap  
(Blue Honeysuckles)**



**Saskatoons**



**Sour Cherries**

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# ‘Haskap’

- An Anui name
  - Ancient people of Japan
  - Oldest name for this plant, still used in Japan
- Also spelled as: Haskap, Hascup, Haskappu
- Good marketing name to sell into Japan

# **Haskap**

## ***Lonicera caerulea L.***

Blue Honeysuckles

“Honeyberries TM”

Sweetberry Honeysuckles

Edible Honeysuckles

Swamp Fly Honeysuckle

*Lonicera edulus (old)*

*Lonicera villosa (old)*

# *Lonicera caerulea* germplasm



32  
Cultivars  
20 seed  
lines



45 clones  
2000 seedlings

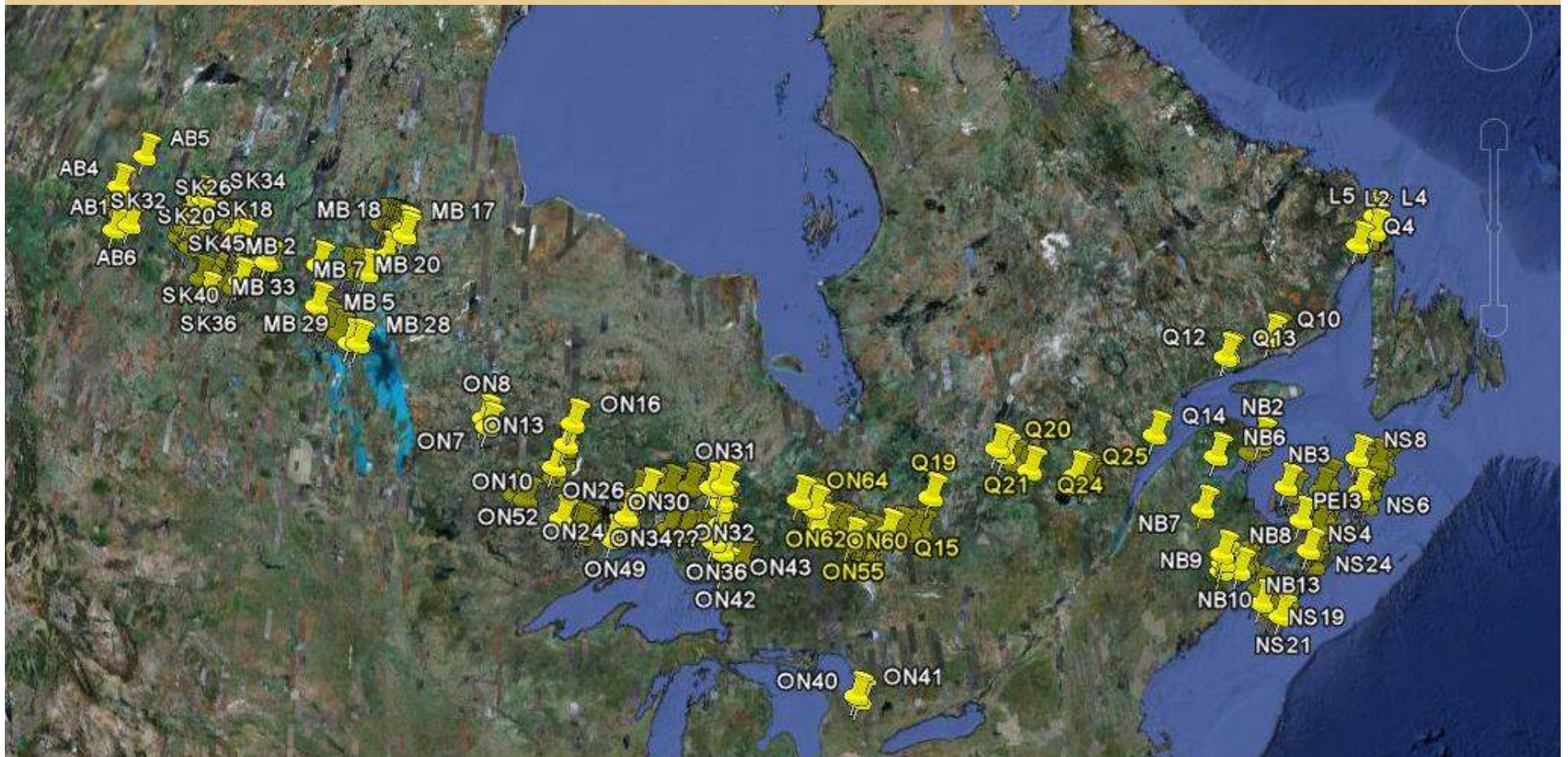


7 clones

800 wild  
accessions  
collected



# Haskap Sabbatical 2008/2009



**800 wild Canadian plants gathered from 250 locations  
100's of new seedlings are from Japan and Russia**

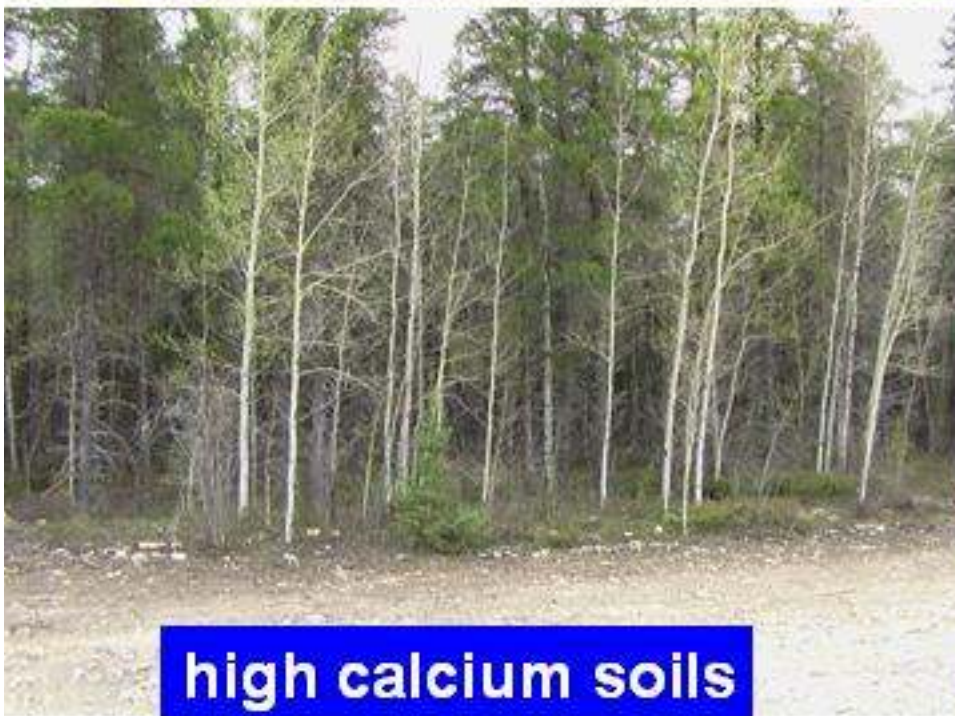
# Habitats where blue honeysuckles were found in Manitoba



open area near woods



disturbance zone near a road



high calcium soils



seasonal streams



















# Flavour: Highly variable according to variety

- Sweet and/or Sour
- Some have fruity flavours:
  - Blueberry + raspberry
  - Blueberry
  - Blackberry
  - Saskatoon
  - Mild Black Current



# Flavour: Highly variable according to variety

- Grassy
  - Unripe
  - Wild types
- Bitter
  - Some wild types
  - Quinine
    - Has been used in Russia to fight malaria
    - Some Russian breeders deliberately bred for more bitterness: grow your own Tonic Water













**Haskap Wine: grape/cherry like**



# Bush Characteristics

- Never suckers
- Naturally branches out well
- 4ft spacing between row
- 4 to 6 ft high according to variety
- Have seen 30yr old productive bushes in Japan



# Pests and diseases

- Aphids
- Grasshoppers
- Powdery mildew
- Botrytis
  - on shoots, not fruit
- Sunscald?
- There is high levels of resistance to diseases in the germplasm

# Cold Hardiness

- Dormant shrubs:  $-45^{\circ}\text{C}$ 
  - In 2003, at U of S  $-47^{\circ}\text{C}$
- Young, actively growing shoots:  $-18^{\circ}\text{C}$
- Open flowers:
  - $-8^{\circ}\text{C}$  (per Russians)
  - $-10^{\circ}\text{C}$  (per Japanese)
  - $-7^{\circ}\text{C}$  (lab tests at U of S)



# Flowers

- Need 2 or more varieties to cross pollinate
- Can withstand -7C to open flowers!
- Blooms a month before the last frost
  - 1<sup>st</sup> food for bees?
- In the boreal forest it is one of the first plants to bloom



# Haskaps are different!

- Not in the rose family
- More closely related to tomatoes and potatoes than other fruit crops
- Small not noticed seeds
- Frozen fruit: Skin dissolves in mouth
- High in antioxidants
  - As high or better than blueberries



# Preliminary Results

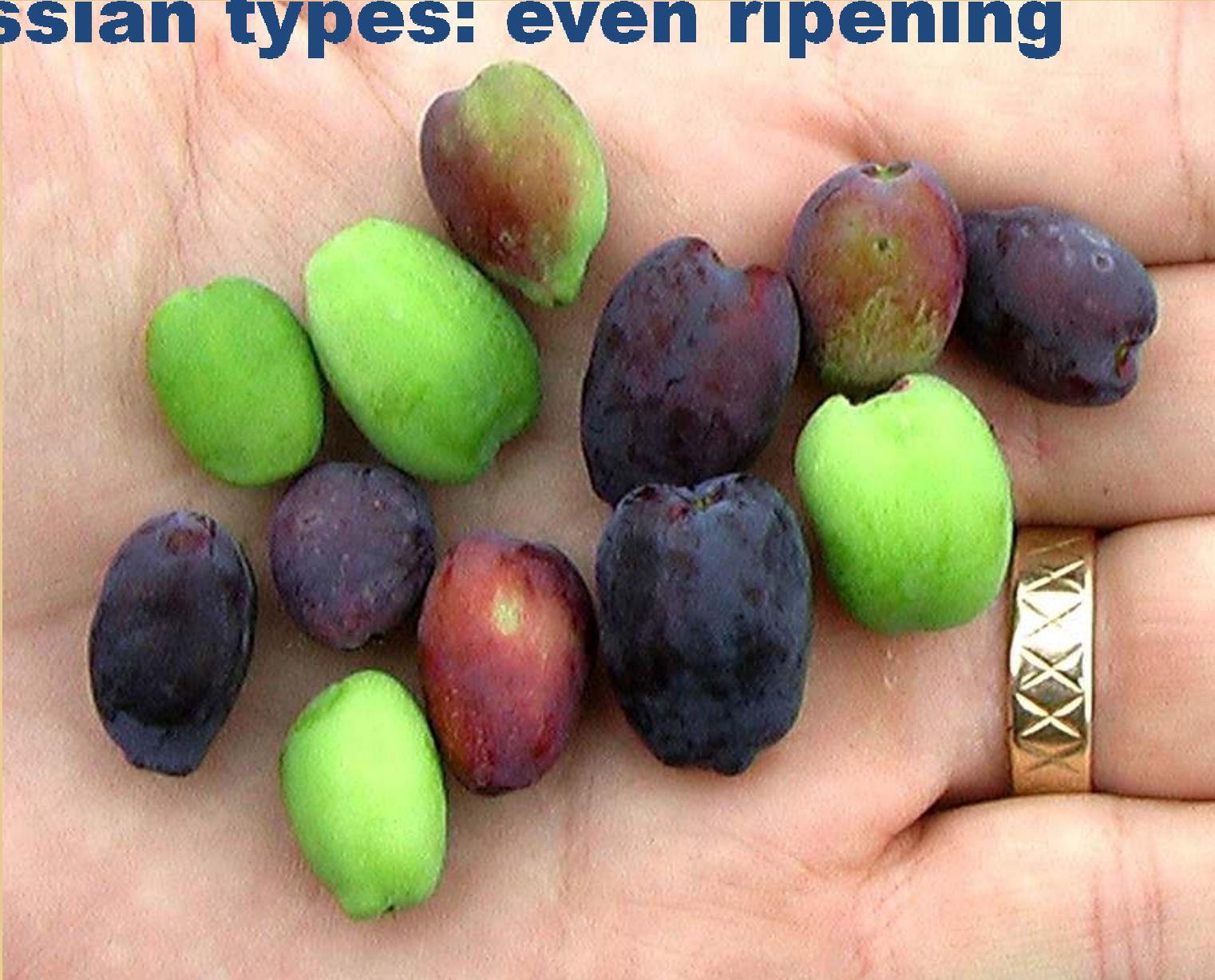
Dr. Mitsko Ukai, University of Hokkaido

- Green Tea : Most popular 'antioxidant' in Japan
- Japan haskap, freeze-dried
  - 10x stronger than green tea
- Sk. Haskap, freeze dried
  - 20 to 100x stronger than green tea
  - Depends on variety
- Haskap better than blueberries?





**Japanese types: uneven ripening**  
**Russian types: even ripening**





# 32 Russian varieties observed

## Best 6 Used for breeding



*Lonicera  
caerulea*  
germplasm



# **Learn how to grow using existing varieties but expect major improvements in new varieties in the next few years from our program**

- A large collection of Japanese and Russian germplasm has not been brought together before
- Each type has traits to improve the other
- Hybrid vigor
- 20,000 seedlings from controlled crosses are beginning to fruit
- Selecting for Early, mid and late ripening

**Maxine Thompson  
Retired Oregon State Professor  
Breeds Haskap using Japanese  
germplasm**





57-71

22-34

41-90

44-76

22-42

22-72

26-72

22-61











New U of S variety for 2008

# 'Tundra'



- 2<sup>nd</sup> Largest Fruit
- 2<sup>nd</sup> 'Best' flavour
- Durable
- Commercial potential



New U of S variety for 2008

# 'Borealis'



- Largest Fruit
- 'Best' flavour
- Delicate
- For home gardens

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**Saskatoons**

***Amelanchier alnifolia***

**Juneberry**

**Serviceberry**





# Saskatoons: A pome fruit

- Many pests, like other pomes
  - Woolly apple aphid
  - Woolly apple aphid
  - Various worm and maggots
- Diseases
  - Fireblight\*\*\*\*\*
  - Saskatoon/Juniper Rust
  - Entomosporium
- At least it fruits early (a bit after strawberries)

# Saskatoons Flavour

- Mild mild berry flavour
- Sometimes hint of almonds
  - people often add almond extract when making pies
- Low sweetness
- Not tart
- Some are bland
- Flavor influenced strongly based on location
- Hard to tell which variety is which by flavour
  - Nostalgia?



# Fruit characteristics influencing uses



- Pies are a major use
  - Very firm, especially smaller fruited varieties
  - Fruit stays intact when cooked
- Not used as a natural dye
- Purple outside
- Green, white, pink inside when fresh
  - Cooking spreads skin colour to the inside

# Fruit characteristics influencing uses

- Pressing for juice results in making dark brown 'applesauce'
  - But no one makes Saskatoonsauce
  - Probably good for fruit leather
  - Difficult, but possible to make a juice, often blended with another fruit
  - Fruit wines not that great



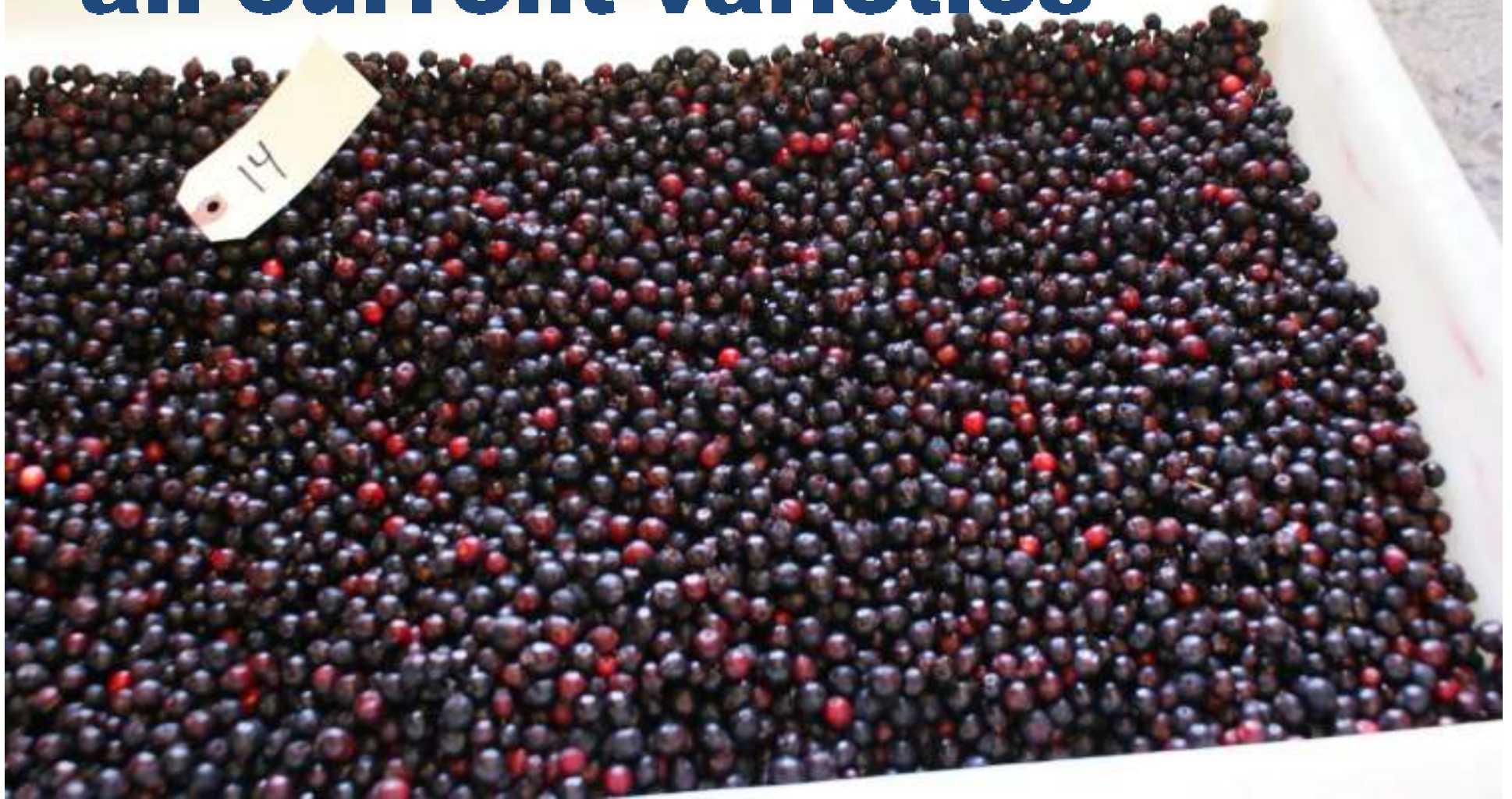


# Uses

- **Common**
  - Pies
  - Jam
  - Topping
- **Sometimes**
  - Juice
  - Salad dressing
  - Ice cream
- **Rare**
  - Wine
  - dried

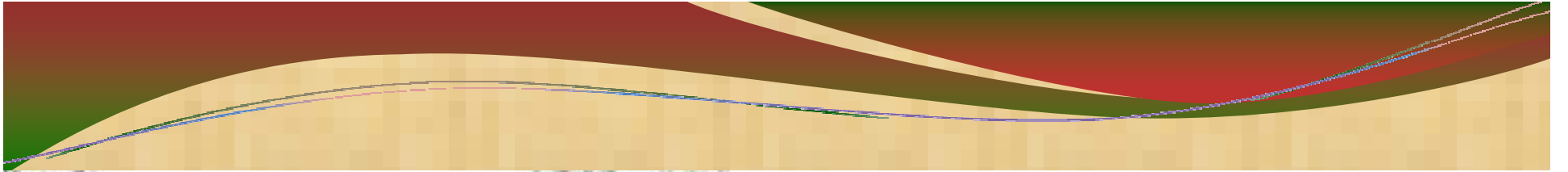


# Uneven ripening: a flaw in all current varieties



# Saskatoon Bushes

- All Saskatoons make rhizomes
  - Making constant problems for upright harvesters
- Some are strongly upright
  - Difficult for sideways harvesters
- Fruit is borne on last year's wood
  - Tall = fruit out of reach
- Can renew by pruning and burning



# Saskatoons



- Stockpiled fruit
- Foodbank donation
- Stockpiled seeds



# Is Big Better?

## Theissen Vs Northline

- Big fruited berries need shallow trays
- Small ones can have deeper containers



# Northline

- Best variety for sideways mechanical harvesting
- The only seed variety
  - Plants are cheaper
  - Higher quality
  - Uniform from seed
- Smaller, tough berries
- Multi-trunks, flexible
- #1 choice for recent plantings

























# Univ. of Sask. Saskatoon Seedling Evaluations

- Field of ~3000 seedlings maintained from former Native Fruit Program
- Planted 7 years ago
- “No Funding”
- ‘Favourite wild Saskatoons’ from Western Producer ad

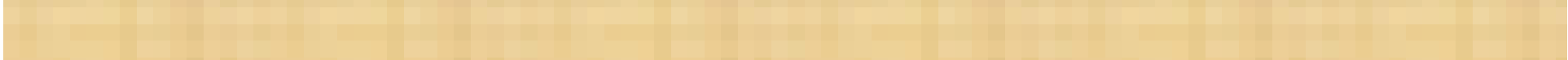
# Univ. of Sask.

# Saskatoon Seedling

# Evaluations

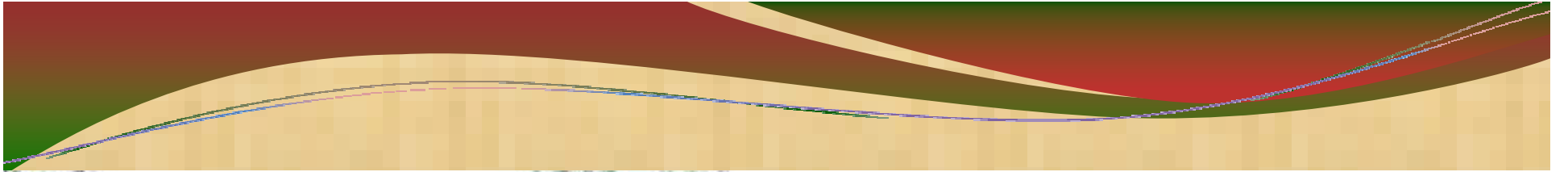
- Evaluated ~50 families of seedlings
- Common traits:
  - Superior Flavour
  - Average or small size fruit
- Variable: Machine adaptable
- Very Rare Traits
  - Uniform ripening
  - True from seeds











# Saskatoons



- Stockpiled fruit
- Foodbank donation
- Stockpiled seeds

# Saskatoons

## Row 5: Rarest of Rare!

- Uniform ripening
- True from seed
- Machine adapted
  
- But only “ok” flavour





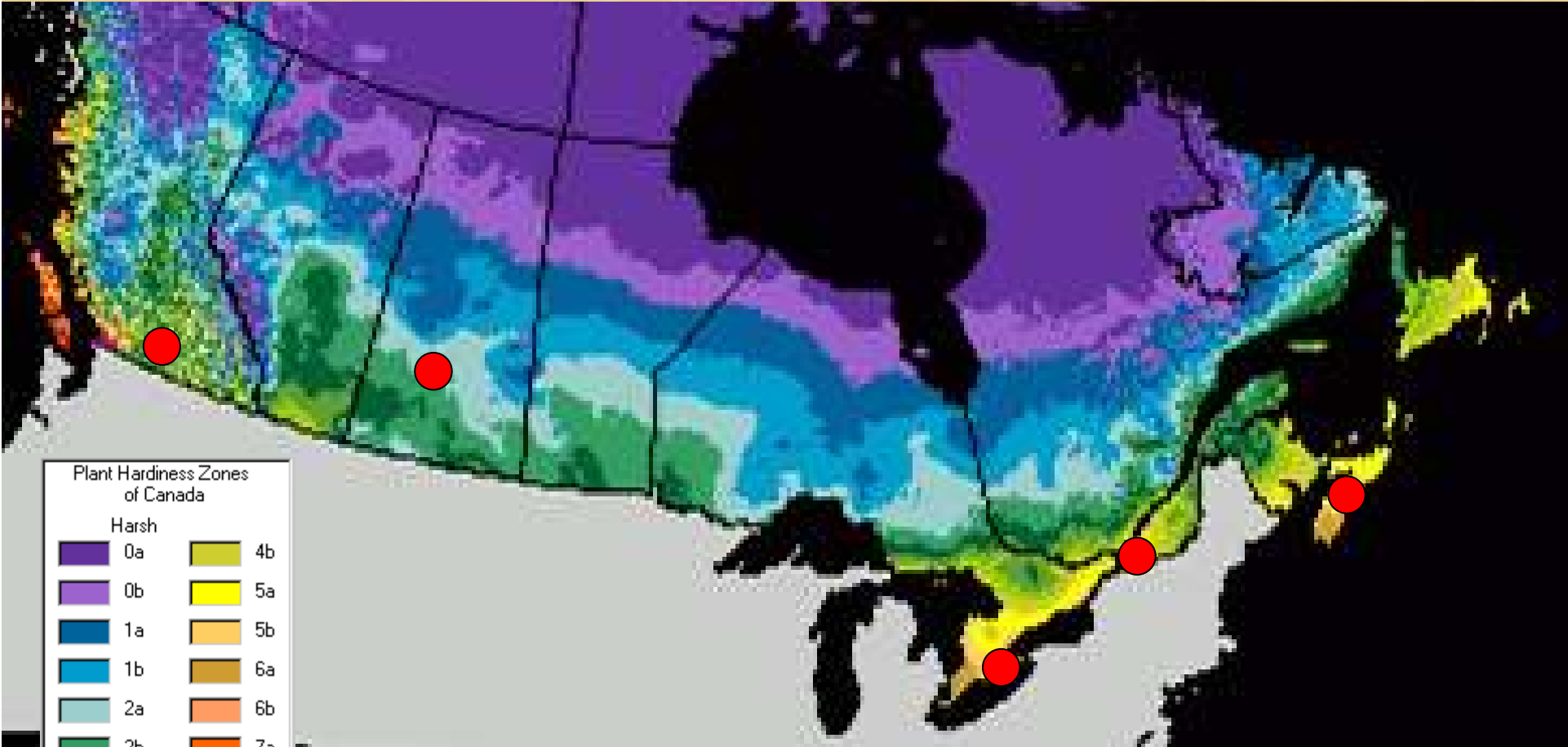
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# Fruit Breeding in Canada



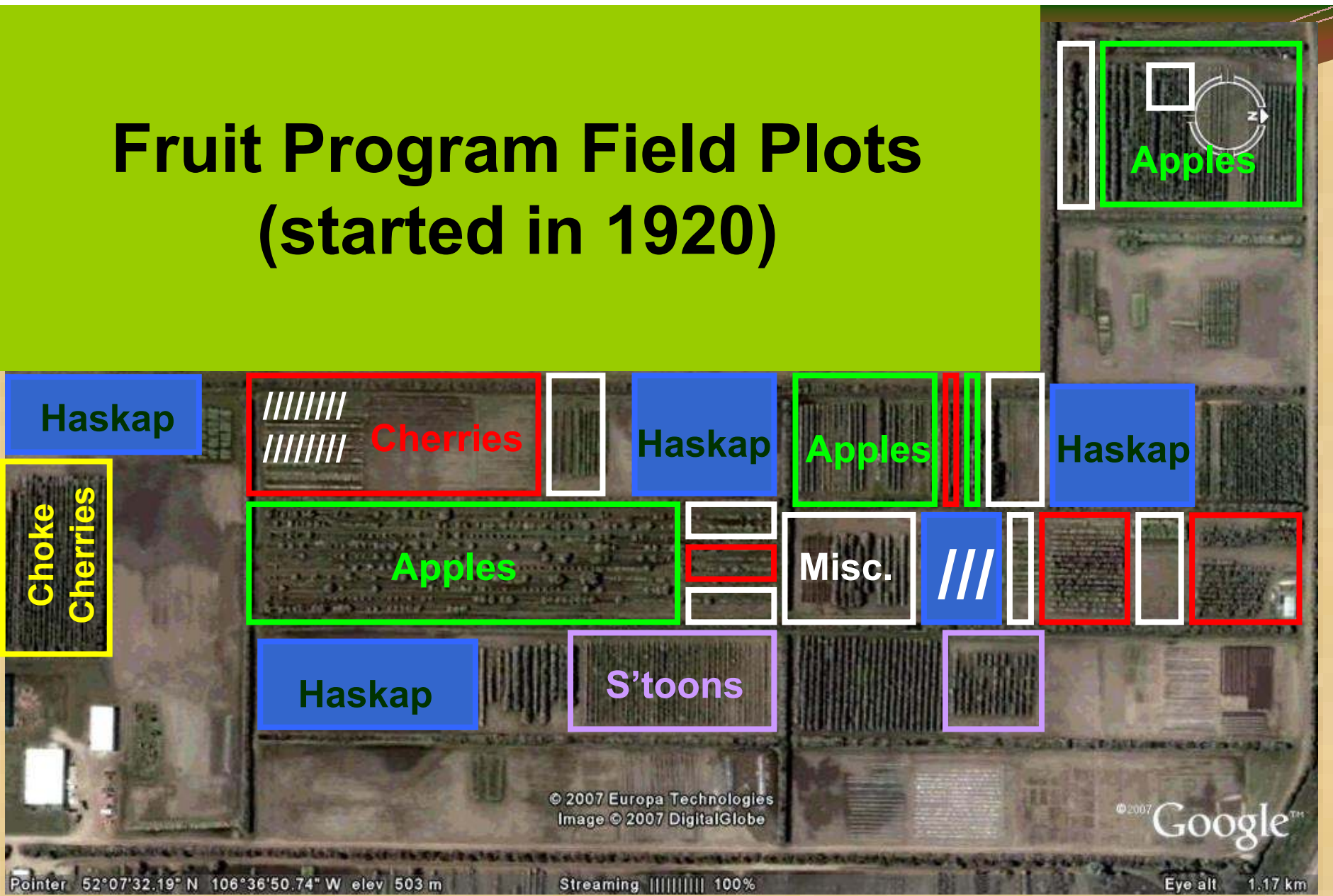
Plant Hardiness Zones of Canada

Harsh		Mild	
0a	4b	4a	
0b	5a		
1a	5b		
1b	6a		
2a	6b		
2b	7a		
3a	7b		
3b	8a		
4a			

Plant Hardiness Zones of Canada 2000



# Fruit Program Field Plots (started in 1920)



1.17 km

# Selection for Mechanical harvesting & processing



# Initial Selection

## For Upright harvesters

- Low Suckering
- Upright Growth



# Cherries



# Upright harvesters





# **Carmine Jewel, 4 yrs old**





Photo by Bob Mason





**Photo by Bob Mason**



Photo by Bob Mason























Photo by Bob Mason



# Outline of talk

- Introduction
- Breeding Program
  - History
  - Our goals & methods
  - Our Varieties
- Training
  - Harvester types
  - Establishment & Pruning
  - Growth and Production
- Conclusion

# Bush Fruit Differences

	<b>Harvest season</b>	<b>Organic</b>
<b>Honeysuckles</b>	<b>June</b>	<b>Yes</b>
<b>Saskatoons</b>	<b>July</b>	<b>No</b>
<b>Sour Cherries</b>	<b>August</b>	<b>Yes</b>

# Bush Fruit Differences

	<b>Harvest season</b>	<b>Shake by hand into tarp</b>	<b>Mech. Harvest</b>
<b>Honeysuckles</b>	<b>June</b>	<b>Yes</b>	<b>Yes</b>
<b>Saskatoons</b>	<b>July</b>	<b>No</b>	<b>Yes</b>
<b>Sour Cherries</b>	<b>August</b>	<b>Yes</b>	<b>Yes</b>



# Bush Fruit Uses

	<b>Pies</b>	<b>Jam</b>	<b>Juice Wine</b>	<b>Health food</b>	<b>Dried</b>
<b>Honeysuckles</b>	<b>Mushy</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>?</b>
<b>Saskatoons</b>	<b>Great</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>Poor</b>
<b>Sour Cherries</b>	<b>Great</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Great</b>

# Obtaining varieties

- U of Sask Cherries:
  - Gardens Alive
- U of Sask Haskap
  - See our website: [www.fruit.usask.ca](http://www.fruit.usask.ca)
  - Canadian companies can ship to USA
- Saskatoons
  - [www.saskatoonfarm.com](http://www.saskatoonfarm.com)
  - [www.Prairieplant.com](http://www.Prairieplant.com)

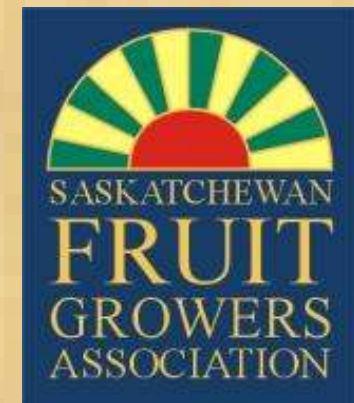
U. of Sask. Fruit Program:

[www.fruit.usask.ca](http://www.fruit.usask.ca)



Cherry Grower Group:

[www.cherryproducers.com](http://www.cherryproducers.com)



Gardens Alive

